

Packing List

Clothing & Accessories:

- Hat, Bandana, or Headband
- Pajamas
- Flip flops for around the housing site and showers, but **NOT** at the worksites
- Closed-toe shoes for the worksites. Sneakers or boots are fine
- Undergarments
- T-shirts
 - NO Tank-tops, mid-drifts, spaghetti straps, or muscle shirts (for guys and girls, leaders and students)**
- Shorts
 - These must be modest in length**
- At least one pair of jeans
- Sweatshirt/sweater (for in the evenings) - optional
- Swimming suit (A **one piece suit is required** for girls. The pools we swim at will not allow shirts to be worn in the pools.)

Toiletries:

- DEODORANT**
- Shampoo
- Soap/body wash
- Towel
- Toothbrush/toothpaste

Miscellaneous:

- Bible
- Journal/notebook
- Spending money. We recommend that each person have \$30 - \$40
- Sunglasses
- Beach towel for swimming
- Camera
- Chargers/batteries for camera
- Refillable/reusable water bottle** - every participant **MUST** have a water bottle with them for the entire week, we do not give out plastic cups at the Project.
- Ipods, cell phones, electronics may only be used during **free time** but we recommend leaving them at home.
- Sleeping bag or sheets and blanket. (Everyone will sleep on a mattress)
- Pillow

Leave at Home:

- Expensive personal items
- Drugs, alcohol, tobacco products, fireworks, firearms, knives, and weapons of any kind
 - No Exceptions!**